



WYD Packing Checklist



Before Departure

- Register with the US State Department at http://travel.state.gov/travel/tips/tips_1232.html.
- Contact Medical provider for any information you need to know in the event of an emergency (*put in carry-on bag)
- Contact Bank if you intend to use an ATM card and credit card company if you intend to use a credit card.

Most Important Items

- Passport & Medical Forms
- Passport photocopy
- ID Card (i.e. license – if you have one)
- Registration documents/materials (you will receive these when we arrive in Madrid)
- Medical insurance card
- Fanny pack/Money belt (* Be very cautious about securing valuables – don't put any valuables in backpack)
- Money for souvenirs & meals (some dollars and some in euros)

NOTE: You will be responsible for meals in transit, and some lunches.

- A second passport picture, in case your passport is lost.
- AM/FM portable radio and earphones (events will be translated through a local radio station)
- Sun Screen (VERY IMPORTANT!!!!)
- Toiletries: soap, toothbrush, toothpaste, deodorant, feminine products, handi wipes or hand sanitizer, etc...***No aerosol cans i.e.: hairspray** FYI: Buy disposables and small travel sizes – talk with other pilgrims...any supplies that you can share?
- Personal Water Bottle(s)**

WHEN TRAVELING WITH MEDICATIONS:

- All medications should be in the original container, properly labeled and carried in your carry-on bag. Bring a copy of your prescription/s with you, in your carry-on bag (in case there are any questions going through customs)
- If you are carrying a narcotic based prescription drug (sedatives, tranquilizers) make sure to get a letter from your doctor stating why you need the drug/s in question to avoid potential problems with customs officials.
- Bring more medicine than you need. An extra week's supply is a good rule of thumb.

Luggage

- Maximum** – 1 suitcase (50 lb max.) + 1 small carry on bag/backpack – avoid large luggage! (remember to leave room if you are planning on bringing back souvenirs)
- Luggage tags (must be on each piece of your baggage this includes your carry on and sleeping bag)
- Thin Sleeping bag, Inflatable cushion or mat (needed for the outdoor overnight vigil) – (Inside your suitcase if possible). Please note if carried separately, will count as a carry on item.
- Ground cover (plastic poncho is good or trash bags or plastic painting tarp – this was the recommended choice)

Pilgrim backpack will be given to us when we arrive in Madrid and will include:

Rosary	Metro pass
Pilgrims booklet	WYD Hat
Guidebook to WYD	Fan
YouCat (youth Catechism)	WYD T-shirt (not confirmed)

Remember: Whatever you take you carry.

Clothing

- Causal dress clothes are the rule for our attire for most of the time. Most of the time it will be very hot.**
- One outfit that is a little dressier is recommended.
- Clothing must fit appropriately: midriffs and undergarments are to be covered at all times. No tank tops or halter tops, or t-shirts with inappropriate advertising or writing – throughout the pilgrimage.
- Good walking shoes – we will do lots of walking – break them in - in advance! (2 pairs are recommended) – No flip-flops; closed toe shoes are most appropriate and will protect your feet in the crowds, rubber soles are highly recommended
- Good socks
- Undergarments

Things to Consider

- Electrical converters – some can shift from one voltage to another; need the appropriate plug (round vs. flat prongs)
- binoculars
- Flashlight
- Camera & Film (*pack in carry on bag)
- Extra batteries
- travel alarm clock (back up for wake up call)
- Zip lock bags (to put belongings in – in case it rains)
- Plastic bags (i.e. grocery sack – for laundry)
- Bug repellent
- Sun Glasses
- Small umbrella (for rain & shade)/Hat with brim
- Hairdryer (It is common to have in hotel rooms)
- bungee cords/duct tape/ nylon cord/rope to attach sleeping bag to backpack for vigil Mass
- karabiner Clip (i.e. useful for attaching water bottle to bag when walking)
- travel pillow
- wrist watch
- Religious items to be blessed at Papal audience and Papal Mass
- Rosary & small bible
- Money for headphones on the plane, or your own headphones
- Gum
- Journal
- Books, puzzles, cards—for down time and before the vigil/during travel
- International phone card
- Small gifts to share with pilgrims from other countries

You should not bring:

- *No aerosol cans i.e.: hairspray**
- Expensive game boys, i.e. MP3 players or Ipods. Cell phones that do not work internationally.
- Jewelry should be left at home
- *** Please DO NOT PACK, scissors, nail clippers, tweezers or anything of the like in your carry on bag!!!
- No flip-flops

This is a pilgrimage – please travel light and pack only what you need!