

How to teach Good Boundaries Script to children The required safe environment material

1. Getting ready to teach

- Pray/prayer
- Why we teach this?
- Read material many times
- Realize that you may never feel “at ease” about presenting this
- Enlist a second adult to help as support
- Decide on good number for presentation
- Ready any props or tools to help
 - Teddy bears/dolls for younger ones
 - Coloring sheets, crayons
- Prepare the room for the presentation
- Information sent home to parents before sessions –“This is important personal safety information that we believe children should know.”

2. Teaching preschool – kindergarten

- Introduce the material as “important personal safety information for you”
- Section one – Respecting our body
 - Voice tone, gentleness, and eye contact will help get this fundamental message across
- Section two – Personal space
 - Stand for circles
 - Sit again for questions and answers
 - With smaller children, use of girl & boy teddy bears with swimsuits
 - Have children repeat with you the important messages
 - Say NO, get away, tell an adult who will help
- Section three – Sirens, recognizing danger
 - Examples of sirens, feelings
 - Have children repeat important messages
 - LISTEN to sirens (feelings)
 - At this point, it may be enough for them. If you only make the points of the first two sections that may be all you can do.
- Coloring sheet after the talk – swimsuit page only. Do not let them play with it during the talk. Send home for discussion.

3. Teaching first – third grades

- Same as above, but will get more awkwardness and giggling rather than lack of attention.
- Should be able to get good discussion and should be able to complete three sections.
- Same suggestions on coloring sheet. Also, grade three may be ready for *Sirens* coloring sheet.

4. Teaching fourth – sixth grades

- Introduce the material as “important personal safety information for you”
- Section one – Respecting our body
 - Voice tone, gentleness, and eye contact will help get this fundamental message across
- Section two – Personal space
 - Stand for circles
 - Sit again for questions and answers
 - Have children repeat with you the important messages
 - Say NO, get away, tell an adult who will help
- Section three – Sirens, recognizing danger
 - Examples of sirens, feelings
 - Have children repeat important messages
 - LISTEN to sirens (feelings)
 -
- Section four – Laws/rules
 - Classroom rules
 - Optional use of Golden Rule exercise
- Coloring sheet after the talk – Sirens page. Do not let them play with it during the talk. Send home for discussion.

5. Concluding presentation – have the children list with you the important things they learned

6. Questions/comments